

SQUIRTLE

PLUSH



a free sewing pattern by



SQUIRTLE PLUSH

Finishing off the Kanto starters is this well-known water Pokemon, Squirtle! This adorable water-powered turtle has a cute sitting pose with stumpy arms and feet. His belly has accent markings and on the back is a cute shell and swirly tail. You also have the option of accent sunglasses to join the Squirtle Squad!

DIFFICULTY:



The hardest part of this pattern is likely the curves in the inner legs, shell, and neck. There are also a lot of darts in the shell, tail, and face. Meanwhile the arms, feet, and shell are attached by hand, so give yourself time for that.

SKILLS USED:

- Fusible web applique
- Curved sewing
- Pivoting
- Basting
- Darts
- Ladder stitch
- Sewing small pieces
- Matching notches and points

MAKES:

ONE PLUSH: about 6½" tall from bottom of body to top of head, 6" wide from each side of body, and 5½" long from front to back of body.

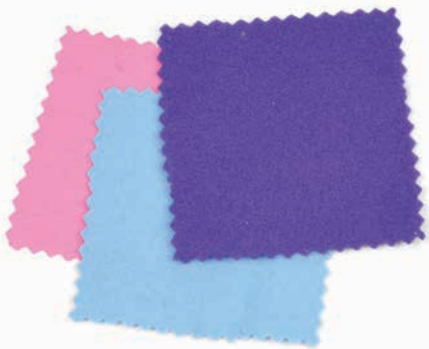


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MATERIALS & TOOLS:

- 1/4 yd. of blue fabric for main body
- 1/4 yd. (or 6" x 6") of brown fabric for shell
- 1/4 yd. (or 6" x 12") of white fabric for outer shell
- 1/8 yd. (or 6" x 5") of yellow fabric for belly
- **OPTIONAL:** 1/8 yd. of black fabric for sunglasses
 - *You can use a light to medium-weight non-stretch fabric for this. Felt would be a good choice since it is usually stiff. If using lightweight fabric, interfacing is recommended for better structure.*
- 1/8 yd. (or 7" x 4") of fusible interfacing for sunglass structure
- 3" x 3" of white applique fabric for eye whites and eye shines
- 3" x 3" of red applique fabric for irises
- 5" x 2" of black applique fabric for mouth, pupils, and nostrils
- **OPTIONAL:** 4" x 4" of gray applique fabric for glasses reflection
- 6" x 6" of light or heavy duty fusible web
- sewing thread to match main fabric and applique fabrics
- poly-fil stuffing
- basic sewing tools (sewing machine, scissors, iron, needles, pins, fabric marker, seam ripper)



SUGGESTED APPLIQUE FABRICS:

- Good applique fabrics include flannel, cotton, felt, minky, and fleece.
- Flannel and cotton are best for detailed applique with a lot of layers because they're thinner. Meanwhile felt, minky, and fleece are better for simpler applique because they're thicker and don't layer as well.
- Flannel is used in the example instructions (page 7).

FUSIBLE WEB:

- Fusible web adhesive is a sheet of adhesive with a paper backing. **Not to be confused with fusible interfacing**, which is adhesive attached to a fabric/fiber backing.
- Some common brands are **Pellon** & **HeatnBond**
- In countries outside the US, it may also be known as **bondaweb**
- It comes in **light** and **heavy duty** varieties. Lightweight strength is meant for applique you intend to sew later. Heavy duty versions are for a no-sew bond. If you try to sew them later your machine might have trouble penetrating the glue.



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fabric comparison:



fleece

SUGGESTED FABRICS:

MINKY OR FLEECE

Medium weight, plush fabrics with about 20%-30% stretch along the crosswise grain work best for this project. The varieties shown to the left are some good options and names to look for. Try to avoid heavyweight versions of fleece that are intended for outdoor apparel or they may cause trouble for the detailed areas.

You can also use non-stretch fabrics (such as felt), but be aware that the curves will be more difficult to sew and the result will look different. The plush will become more elongated and the edges will look pointier.

10" of minky
stretches to 13"
= 30% stretch

MINKY

VS.

FELT



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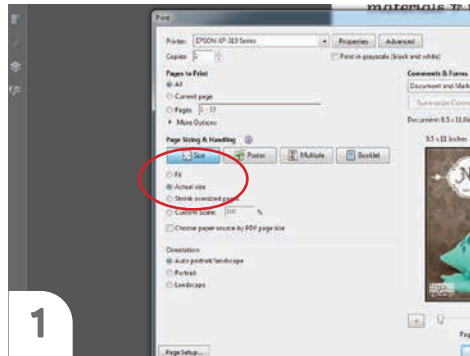
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PRINTING THE PATTERN:

Set your computer to print **PAGES 25-28.**

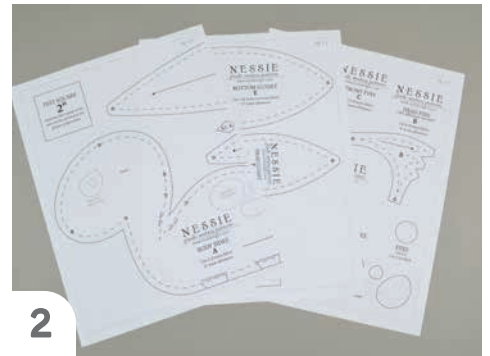
If you're unfamiliar with printing and assembling a .pdf pattern, read the steps to follow.

For the best results, use a .pdf reader like **ADOBE READER**. That's what is shown here and will give you the most control over the settings.



1

At the print dialog box, check the box that says print at "Actual Size" or 100%. Any other selection (such as "Fit to page") will distort the pattern so it's slightly larger or smaller and we don't want that.



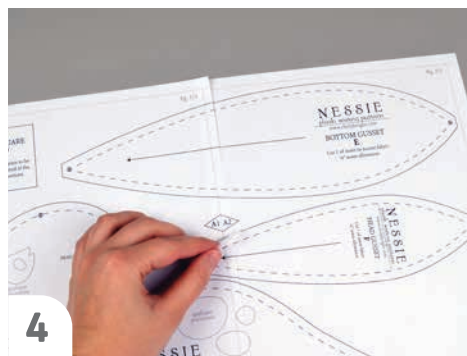
2

Print the pages needed for the file. You might have one or more. Either way, be sure you have the full collection by noting the page numbers in the corner.



3

It's likely your printer will have a margin that ensures your image doesn't print to the very edge. Assembly will be easier if you trim off this blank margin edge. This will give you pages that overlap slightly during assembly. If you trim across the gray outline boxes, this will give you pages that don't overlap but rather butt against each other.



4

To line up the pattern pages, match up the corresponding diamond shapes. Each diamond will have a letter, so it's simply a matter of matching A1 to A2, B3 to B4 and so on. The faint gray lines indicate the border of every page, you should be able to line those up as well. When the diamond goes together, tape it in place.

If you have many pages, it's easier to tape up the pages into rows first. Then tape the rows together into a full block.



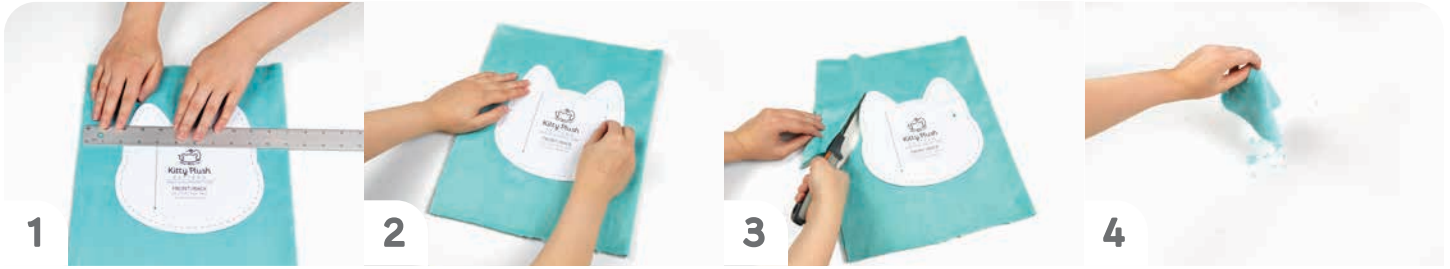
5

You can trace the patterns onto a different paper, or you can also just cut them straight from the printer paper -- be sure that each piece is fully taped together along the joins so they don't fall apart when you cut them.

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CUTTING THE FABRIC:



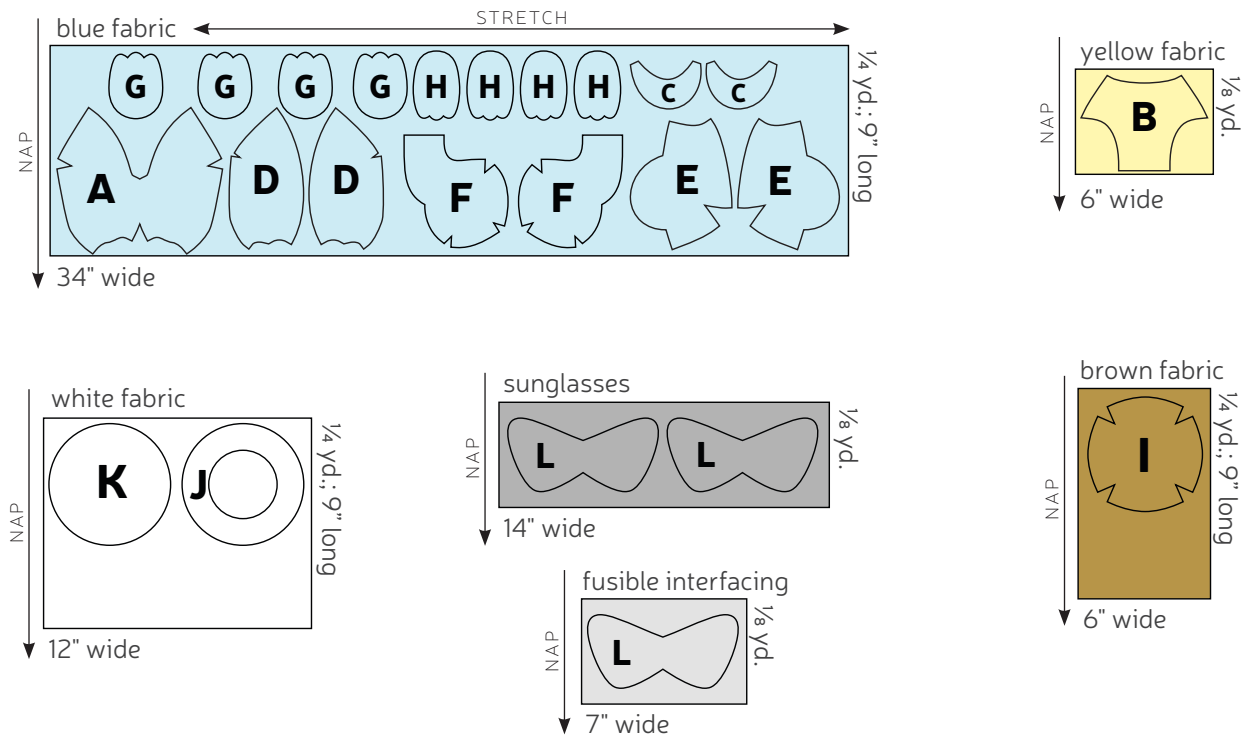
1 Place pattern on the fabric, and make sure the stretch line matches the stretch of the fabric. The nap line should go in the direction of the fur.

2 Pin the pattern in place, use pattern weights, or trace the outline of the pattern with a washable marker.

3 Using the paper as a template, cut out the fabric. Cut the required amount according to the pattern.

4 For all fur fabrics, shake the excess fuzz away.

CUTTING LAYOUT:



BEFORE YOU BEGIN:

- Briefly read the project instructions so you know what to expect.
- If desired, mark the cut fabric pieces with the markings and symbols from the pattern. Or wait until the applicable step before transferring.
- Note that a 1/4" seam allowance is used throughout the project, which is included in the pattern templates.

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1. PREPARE THE FACE APPLIQUE

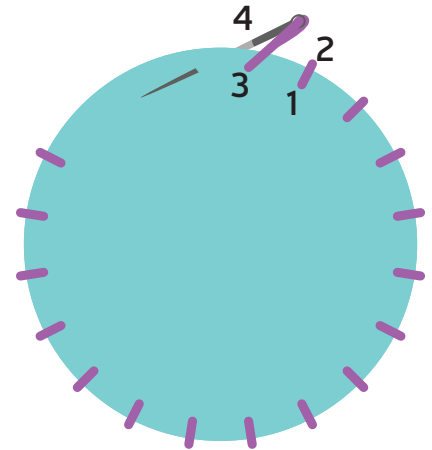
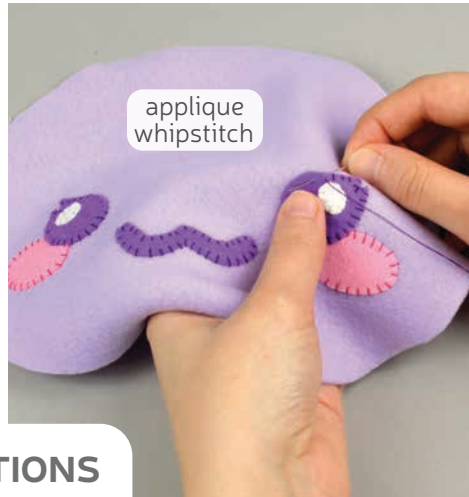
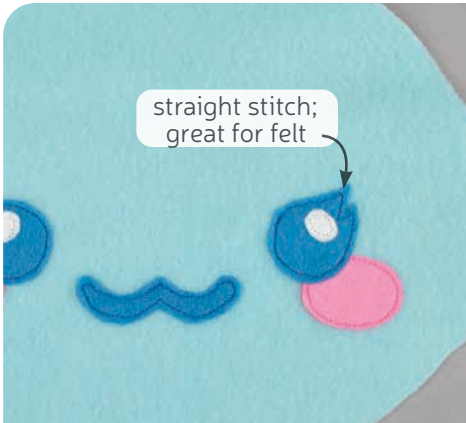
- Grab your fusible web and applique templates. Trace the eye and mouth templates. You'll need:
 - **eye white** (2)
 - **iris** (2)
 - **pupil** (2)
 - **eye shine** (2)
 - **mouth** (1)
 - **nostrils** (2)
- Fuse the bumpy (adhesive) side of the fusible web onto the applique fabrics, following the color guides on the paper templates:
 - **pupils & mouth** on black
 - **eye whites & eye shines** on white
 - **irises** on red
- Cut out your applique pieces and grab your **HEAD FRONT** piece (A). Grab your first applique layer, the **eye white**. Set your paper pattern on top of the head front piece. Align the applique piece on top where the placement markings are. Next, carefully pull the paper pattern away while holding the applique piece in place.



- Fuse the first layer, the **eye white**, with your iron. Use a press cloth, such as a scrap piece of cotton. This will help protect any polyester or fuzzy fabrics from melting or scorching.
- Continue building up the face with the next pieces, the irises and mouth. Arrange and fuse them the same as the **eye whites** using the paper pattern (and the photo) as a guide.
- Lastly add the smallest pieces, the **pupils**, **eye shines**, and **nostrils**.

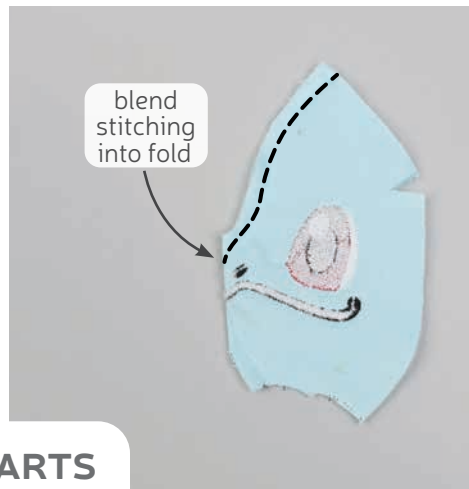
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2. OTHER APPLIQUE OPTIONS

- Other good options for applique include a straight stitch, which involves sewing around the edge of the applique pieces with a straight stitch using matching thread -- about 1/8" in from the edge.
- You can also applique by hand; I prefer a whipstitch. Thread a hand-sewing needle with some matching thread and knot it. Bring the thread up from the back of the project; about 1/8" in from the edge of the applique shape. Bring it down perpendicular from the curve, just outside of the applique shape. This completes one stitch.
- For the next stitch, bring the needle back up about 1/8" away from the previous stitch and 1/8" in from the edge just as in the first stitch. Once again, bring it down just outside the applique shape. Continue this way until you've sewn around the shape.



3. BEGIN SEWING THE DARTS

- Grab your **HEAD FRONT** piece (A). This piece has several **darts** all around the outer edge that helps form the shape of the head. They're the small wedges cut into the main shape. They're also labeled on the paper pattern for easy identification. Start by folding the fabric along the point of the **top center dart** so the right sides are facing and the raw edges match up.
- Sew from the opening of the **dart** down to the fold of the fabric. Try to blend your stitching into the fold of the fabric for a smooth transition and a rounder finish to the stuffed plush.

DARTS:

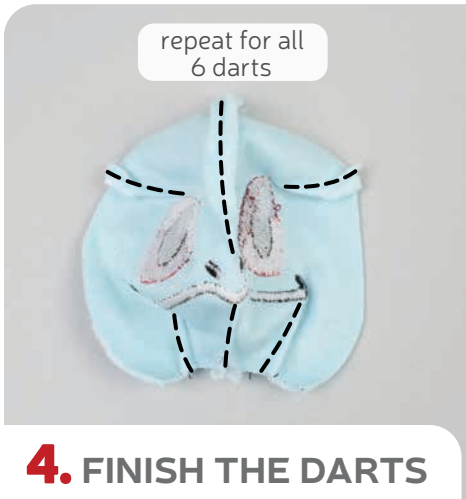
Darts are a v-shaped wedge sewn into a pattern piece that create a 3D shape in the fabric.

The two lines of the darts are sometimes called the **LEGS**. These lead up to the **POINT**.

You can think of darts like a partial seam. One that only goes part-way through the fabric.

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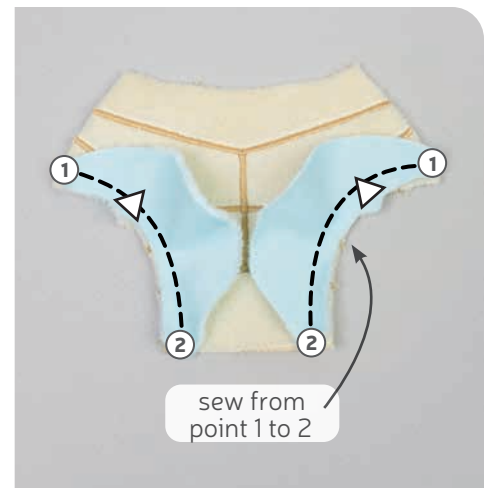
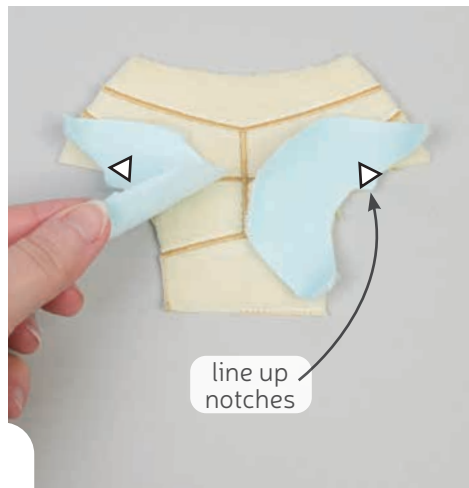
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a. Repeat the process from step 3 for the other remaining **darts**. There is one in at the center bottom, two more on each side near the bottom, and the last two are at the top corners. This makes 6 total.

b. Turn the head front right side out when complete.

4. FINISH THE DARTS



5. SEW THE INNER LEGS

- If you wish to add the **belly markings** to your Squirtle, grab your **BELLY** piece (B) and do so now. Transfer the **stitching lines** to your fabric, then top stitch over them with contrasting thread to create the markings.
- Next, grab your **INNER LEG** pieces (C). The inner curve on both the belly and inner legs will match up next. They're labeled with **points 1 and 2** for easy alignment. Align the inner curve of the inner leg with the inner curve of the belly. Match up the **notches** on the inner legs with the **notches** on the belly. Also line up **points 1 and 2**.
- Sew the inner leg to the belly along the inner curve from **points 1 to 2**. Repeat with the other inner leg piece so both are joined.

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6. SEW THE FRONT NECK

- Grab your **HEAD FRONT** piece from before (A) and your **BODY FRONT** so far. The **neck edges** of both of these pieces will be joined next.
The neck edge on the belly is marked with a **circle marking** in the center for easy alignment.
- Layer the head front over the body front, matching up the raw edges and **circle marking** at the center head **dart**. Pin the fabrics together.
- Sew the head front to the body front along this **neck edge**.
- Open up the pieces when complete.
→ *This completes the front half of the body! Set it aside for a moment while we work on the back of the body.*

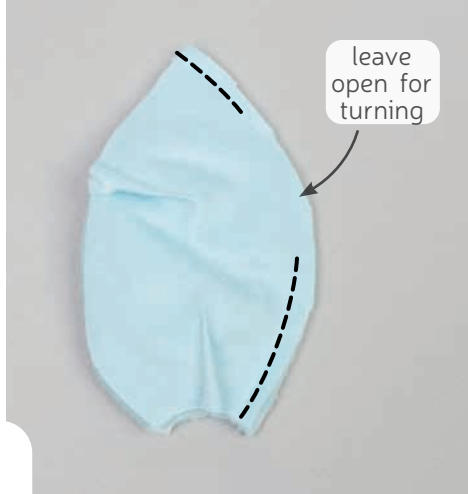
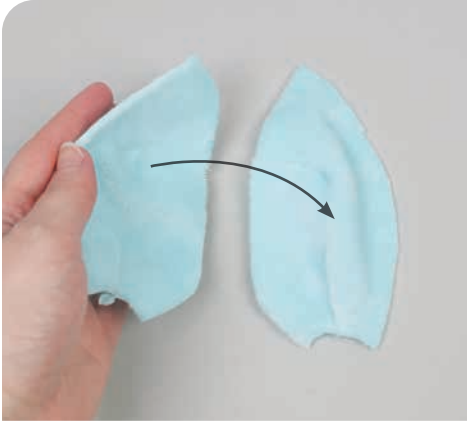


7. SEW THE HEAD BACK DARTS

- Grab your **HEAD BACK** pieces (D). These pieces also have **darts** along the bottom and upper corner like the head front. Sew them the same way, starting by folding the fabric along the point of the **dart**. This should match up the slanted edges.
- Sew from the opening of the **dart** into the fold of the fabric.
- Repeat this with the upper corner **dart** so you have two **darts** total.

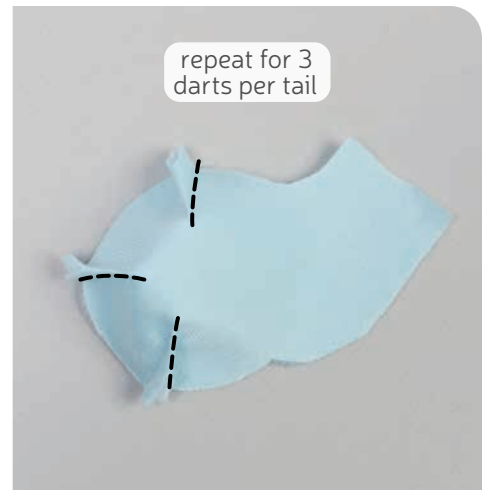
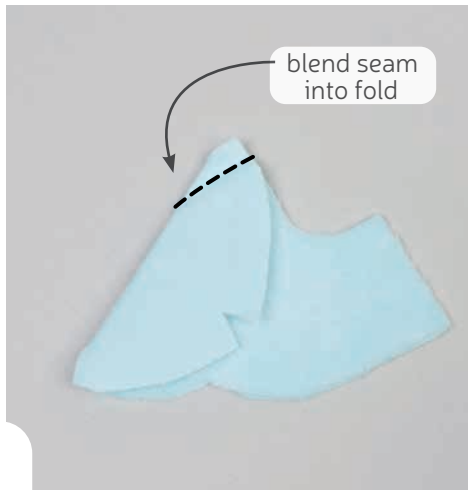
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8. SEW THE HEAD BACK

- Take your **HEAD BACK** pieces (D) and align them with right sides facing and raw edges matching up.
- If you haven't already, locate the **opening for turning markings** found on the paper pattern for the head back. Transfer them over to the wrong side of the fabric. Sew the head back pieces together along this edge only, but leave the opening that you marked.
- Open up the pieces when complete.
 - *Set aside your head back for a little while as we work on the body back.*

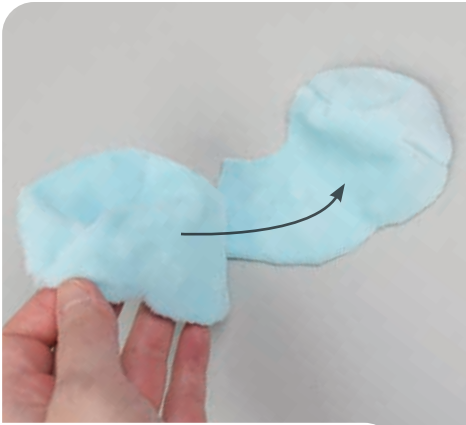


9. SEW THE TAIL DARTS

- Grab your **TAIL** pieces (F). This piece also has several **darts** to help give the tail a puffier shape. Sew them similarly to the other **darts** so far. Fold the fabric along the point of each **dart** so the right sides are facing.
- Sew from the opening of the **dart** into the fold of the fabric.
- Repeat for all 3 **darts** on the tail piece. Then repeat for the remaining tail piece.

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10. SEW THE TAIL

- Grab both of your **TAIL** pieces (F) and align them with right sides facing and the raw edges matching up.
- Sew the tail pieces together all around the curved area. Leave the straight edge open for turning the piece right side out later.
- Trim the excess seam allowance around the tight corners and curves to reduce bulk and increase flexibility when the piece is turned. Turn the tail right side out through the opening in the base.

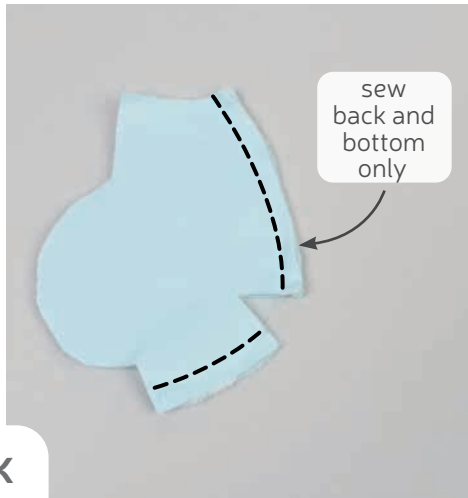


11. TOP STITCH THE TAIL

- Stuff the tail lightly with stuffing. We'll be sewing over it in this step, so try not to go too full.
- If you haven't already, note the **tail top stitching lines** found on the paper pattern for the tail. Transfer them over to the right side of the fabric.
- Stitch along this traced line to create the swirled detail for Squirtle's tail.
 - **TIP:** *sew very slowly over this part due to the bulk from the stuffing. Use just the hand wheel if necessary. Also take just a few stitches at a time and pivot frequently when making the tight curves.*

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12. SEW THE BODY BACK

- Grab your **BODY BACK** pieces (E). Align them with right sides facing and the raw edges matching up.
- Sew the body back pieces together along the back and bottom edges. Leave the **dart** in the middle free. We'll be sewing that next.
- Open up the body back pieces when complete. This should leave the **dart** opening in the middle.



13. ATTACH THE TAIL

- Take your sewn **TAIL** and position the opening of the tail inside the dart opening so right sides are facing. The swirl should be pointing up, so you'll want to flatten the opening of the tail so the seams (from step 10) match up.
- Layer the tail between the body back pieces so the raw edges match up and the right sides are facing. Pin the layers together.
- Sew along this **dart** opening to secure the tail inside. Like the other **darts**, it works best if you can blend your stitching into the fold. So, if you can, try to start very close to the fold of the fabric on one side, then work to the other side and end every close to the fabric fold making a big curve.

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14. ALIGN THE HEAD BACK

- Open up the **BODY BACK** (E) and **TAIL** (F) pieces when complete. The tail should be secured inside the body back *darts*.
- Grab your **HEAD BACK** pieces from before (D) and your body back. The *neck edges* of both of these pieces will be joined next.
- Layer the head back over the body back, matching up the raw edges and the *center seams*. Pin the fabrics together.

- Sew the **HEAD BACK** (D) to the **BODY BACK** (E) along this *neck edge*.
- Open up the pieces when complete.



15. ATTACH THE HEAD BACK

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16. SEW THE HEAD FRONT TO THE BACK

- Grab both of your front and back pieces so far. Align them with right sides facing. We're going to sew around the entire body. Experts should be able to handle this all in one go, but we're going to break it down into several parts for beginners.
- Start by aligning the head pieces. Match up the **center head front dart** with the **head back seam**. The **neck seams** (from steps 6 and 15) should also match up.
- Sew the head front to the back starting at the center top and working down to the neck.

- Next, line up the **BODY** pieces. This is the edge starting at the neck and going down to **point 1**. Pin the **INNER LEG (C)** to the leg area of the **BODY BACK (E)**. It starts at **point 1** and goes around to **point 2**. Pin the fabrics together.

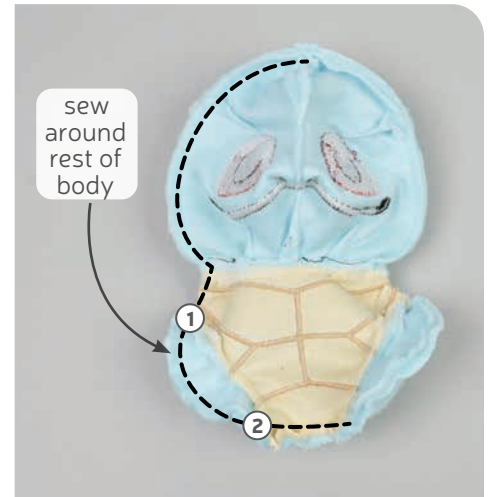
- Sew from the neck down to **point 1** at the top of the leg. Next sew around the leg, from **point 1 to point 2**.



17. SEW THE INNER AND OUTER LEG

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18. FINISH THE BODY

- At the edge between the legs, the **center point** on the **BELLY** (B) will match up with the **bottom seam** (from step 12). Pin the edges between the legs.
- Sew between the legs, from one **point 2** to the other.
- Lastly, finish up the other side by repeating step 17-16 in the other direction. Sew from **point 2 to 1**, then up the side, ending at the **neck seam**. Then work up from the neck to the center top of the head once more.
When complete, you should have stitching around the entire body. You can check at **points 1 and 2** for any gaps. You can also check the neck seam.



19. CLIP & FLIP THE BODY

- Finish by trimming and clipping the seam allowances at the corners and curves. The neck and **points 1 and 2** are good places to make a clip for more flexibility.
- Turn the body right side out through the opening in the back of the head.
- Begin stuffing the plush starting in the body. Fill it up about halfway.

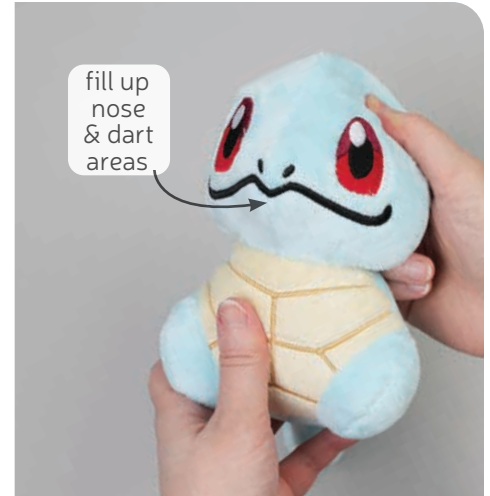
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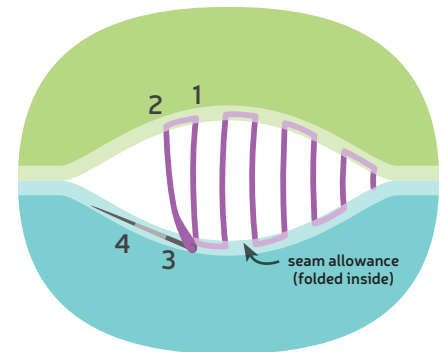
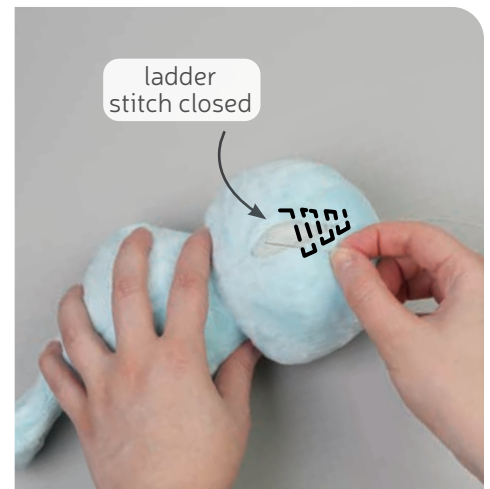
20. STUFF THE BODY

- When the body is about halfway stuffed, start filling up the legs firmly. Having stuffing already in the body will help keep the leg stuffing in place.
- Fill up the rest of the body, and sneak extra bits of stuffing into the legs if necessary. Keep filling the body until it's firm before moving onto the head.
- Start stuffing the head. Begin by filling up the nose area so it makes a point and there are no wrinkles in the darts.



21. CLOSE UP THE HEAD

- Fill up the rest of the head until it's completely firm.
- Once the plush is stuffed, make sure the seam allowances in the opening are tucked inside and prepare to ladder stitch it closed. Thread a hand-sewing needle and knot it at the end. Insert the needle from the inside of the opening and out of the plush near one edge of the opening. This will leave the knot inside the plush.
- Continue from here doing a ladder stitch. Take a 1/8" stitch into the fold of one side of the opening, then go across and take another. Keep going down the opening until you reach the end.



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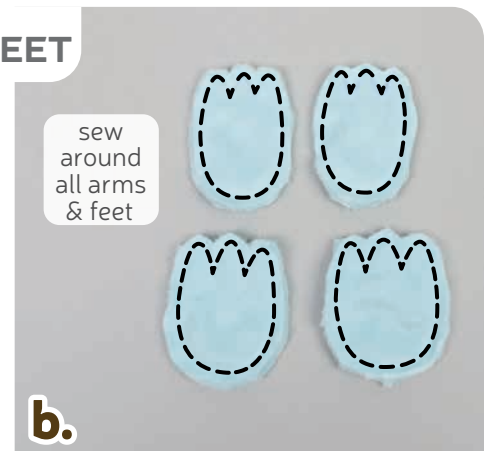
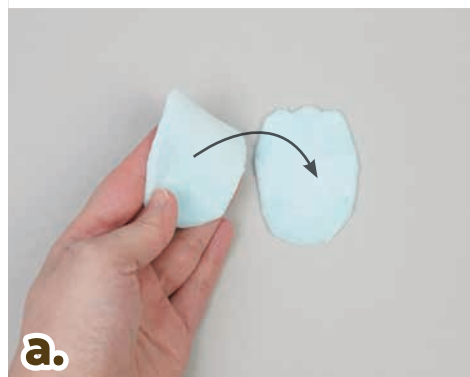
- a. When you're finished, stitch a knot into the end of the seam. Then insert the needle near the finished knot and out of the plush about 1-2" away.
- b. Pull the thread through and hold it taut while snipping the thread. The excess thread should sink back inside the plush -- all hidden!



22. TRIM THE THREADS

- a. Grab your **ARM** and **FEET** pieces (G & H). Take two of them and align them with right sides facing and the raw edges matching up.
- b. Sew the arms and feet together all the way around the pieces. Repeat with the remaining arms and feet so you have two of each.
- c. Trim the excess seam allowance around the tips of the claws.
- d. To turn the pieces, cut a 1" slit through one layer of the fabric only, near the base. There's also a **cutting guide** on the paper pattern for extra help.

23. SEW THE ARMS & FEET



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- a. Turn all the **ARMS** and **FEET** (G & H) right side out through the opening you've cut. Define the points with a chopstick or similar turning tool.
- b. Stuff the arms lightly with stuffing. Give them just enough so they take shape. You may want to put small bits in the claws so they take shape as well.

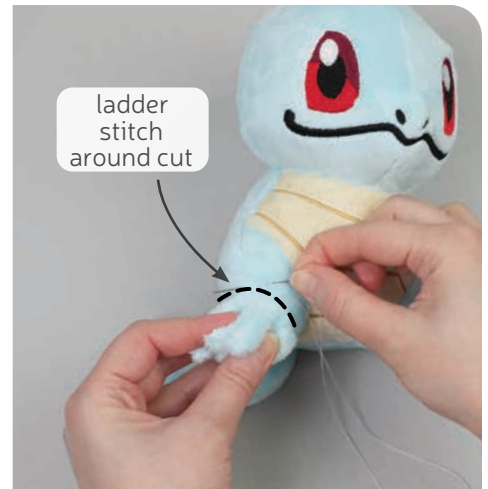


24. STUFF THE ARMS & FEET

- a. Take one of your **FEET** and align it over the **leg seam** (from step 17). The cut side should be facing down.
- b. Sew the foot to the leg using a ladder stitch. Go around the cut you made in step 23. Go around with long stitches for the first pass. Check that you like the placement, then go around again with tinier, neater stitches for the second pass. Repeat for both feet.

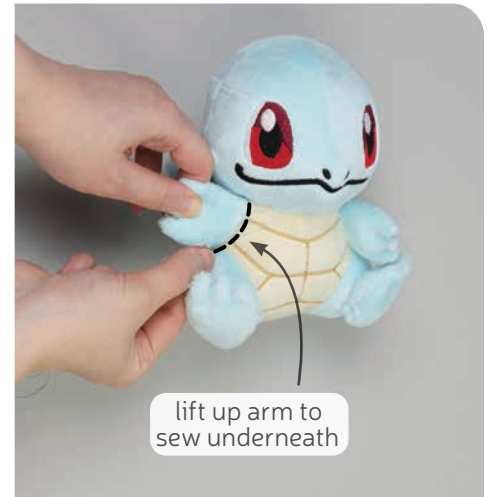


25. ATTACH THE FEET



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26. ATTACH THE ARMS

- Grab your sewn arms from before (H). Take one and align it over the body. Place the cut side of the arm down onto the **BELLY** (B) right between the **INNER LEG** (C) and the **neck seam**.
- Ladder stitch the arms to the body, going around the cut from step 23. Sew near the arm seam when attaching the shoulder.
- For the underside of the arm, you'll have to flip it up and sew beneath the arm. Repeat for both arms.

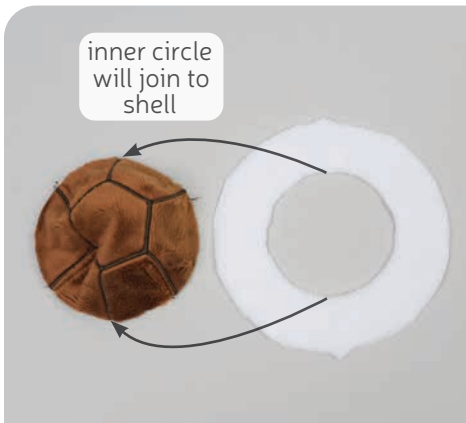


27. SEW THE SHELL DARTS

- If you wish to add the **shell markings** to your Squirtle, grab your **SHELL** piece (I) and do so now. Transfer the **stitching lines** to your fabric, then top stitch over them with contrasting thread to create the markings.
- This shell piece has several **darts** around the outside just like previous pieces. Sew them similar to the others, starting by folding the fabric along the point of the **dart** and matching up the slanted lines.
- Sew from the opening of the **dart** into the fold of the fabric. Then repeat three times more so you have four **darts** all the way around your shell piece.

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28. ALIGN THE OUTER SHELL

- Grab your **OUTER SHELL** piece (J) as well as your shell so far. The outer edge of the shell will join to the inner circle of the outer shell. For help with alignment, the outer shell has **circle markings** that will match up with the shell **darts**.
- To align the pieces, start by grabbing your outer shell piece where one of the **circle markings** are. Line it up with one of the **darts** on the shell.
- Then flip that section of the outer shell over so right right sides of the fabric are facing. Then line up the raw edges and the **circle markings**. Pin the fabrics together. Repeat this three times more for all four **circle markings** all the way around the outer shell.

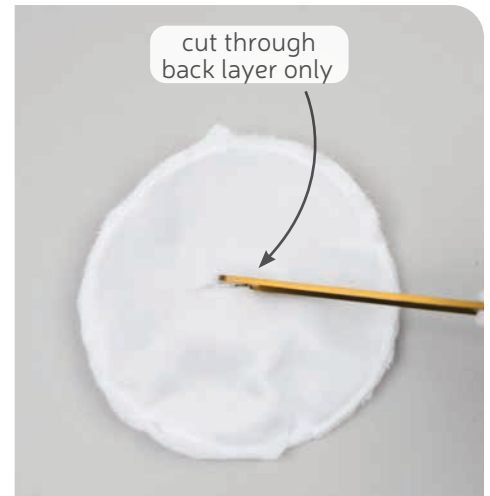
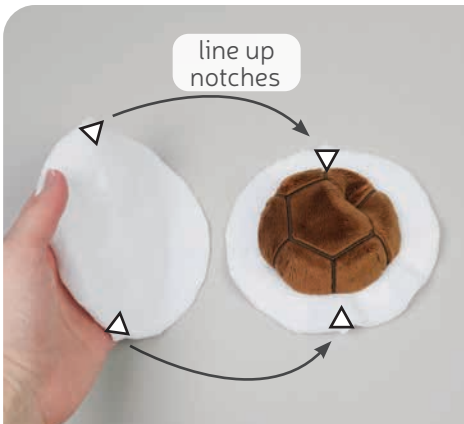
- Sew the **OUTER SHELL** to the **SHELL** all the way around the edge.
- Open up the pieces when complete and they should look something like the second photo.



29. ATTACH THE OUTER SHELL

sew desu ne?

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30. SEW THE SHELL BACK

- Grab your **SHELL BACK** piece (K). Flip your shell so far so the right side is facing up and align the shell back on top of it so right sides are facing and the outer edges match up. There are **notch markings** at the top and bottom if you need extra help with alignment.
- Sew around the entire shell edge of the shell, matching up the edges and **notch markings**.
- To turn the shell, make a cut through the shell back piece only (similar to the arms and feet). Cut just an inch or so into the center. There's also a **cutting guide** on the paper pattern for extra help.

- Turn the shell right side out through the opening you cut. Flatten out the **OUTER SHELL** area (J). Then top stitch the outer shell to the **SHELL BACK** (K) by stitching into the seam from step 29 all the way around.
- Stuff the shell lightly with stuffing through the opening in the back.
- Take your stuffed shell and center it over the back of your Squirtle so the cut side is facing down. It should be centered between the tail and neck, but there's a **placement guide** on the pattern as well for help.
- Ladder stitch the shell to the back of your plush near the stitching line you made in part A. Sew all the way around the shell.

31. ATTACH THE SHELL



a.



b.



c.



d.

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- a. You may want to secure the **TAIL** to the **SHELL** to keep it from flopping around. First align the tail with the shell by placing it flush against the shell.
- b. Then ladder stitch the tail to where it meets the shell.

→ *If you'd like to make **SUNGLASSES (L)** for your Squirtle, continue below. If not, you're done!*



- a. If you're making a set of **SUNGLASSES (L)** for your Squirtle, start by appliqueing the **glasses reflection** onto your main fabric. Follow the instructions from steps 1-2 to trace the templates, iron the fusible web to the applique fabric, then fuse it to your main fabric.
- b. If you're using a lightweight fabric, you'll want to add some interfacing to your glasses as well. Fuse the interfacing to the wrong side of the applique fabric following the manufacturer's instructions.



33. PREP THE SUNGLASSES



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34. SEW THE SUNGLASSES

- Take both of your **GLASSES** (L) pieces and align them with right sides facing and the raw edges matching up.
- If you haven't already note the **opening for turning marking** found on the paper pattern for the glasses. Sew the glasses pieces together all around the outer edge, but leave an opening in one side as shown on the paper pattern.
- Trim the excess seam allowance around the corners and curves of the glasses to reduce bulk and increase flexibility when the piece is turned later.

35. ATTACH THE SUNGLASSES

- Turn the **GLASSES** right side out through the **opening for turning** you left before.
- Tuck in the seam allowances in the glasses and ladder stitch the opening closed.
- Center the glasses over the face of your Squirtle.
- To attach them, sew a ladder stitch around the edge of the glasses in the center area. Leave the corners of the glasses free.

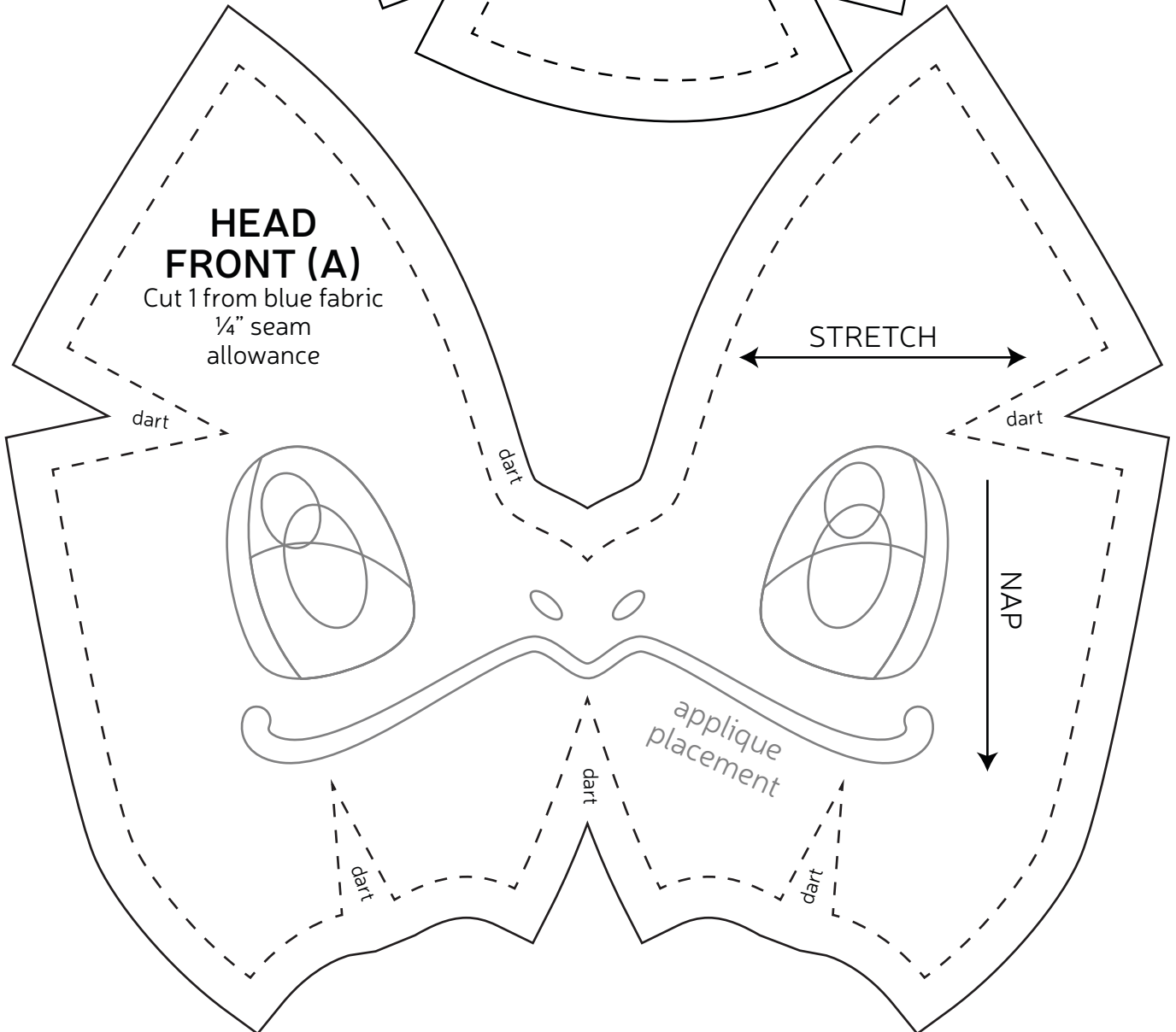
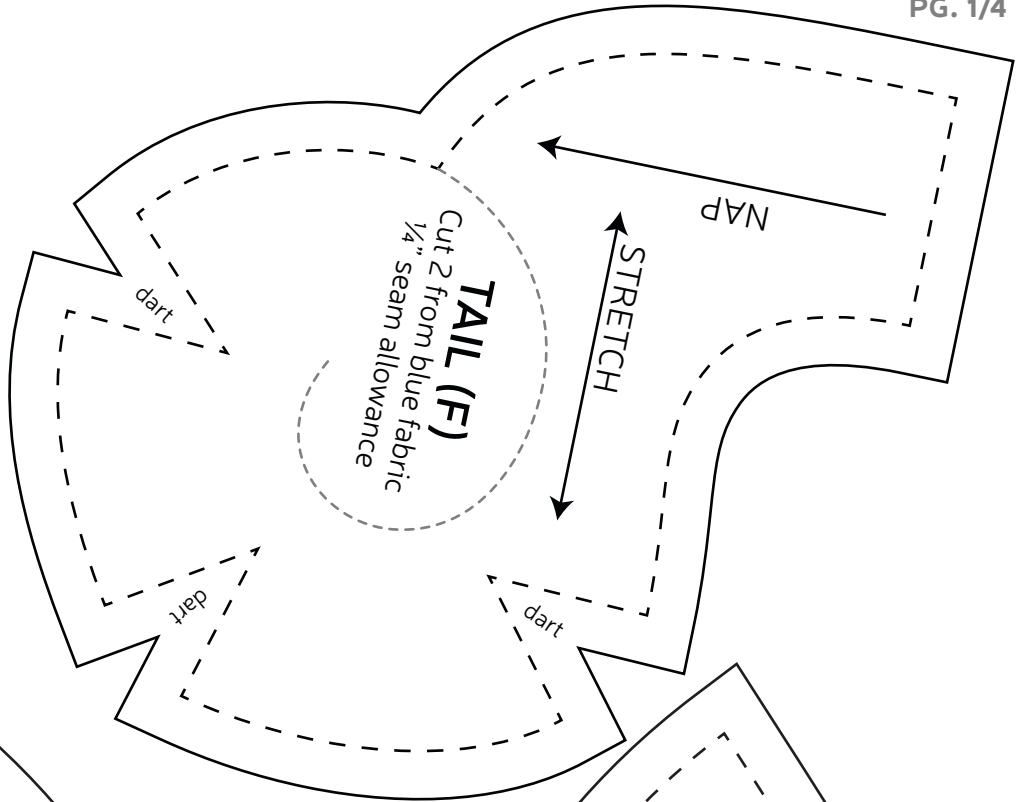


sew desu ne?

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TEST SQUARE 2"

measure this square to
be sure you've printed
at the proper
proportions



Squirtle Plush

P A T T E R N
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SHELL BACK (K)

Cut 1 from white fabric
1/4" seam allowance

cutting line

NAP

STRETCH

ARM (H)

Cut 4 from
blue fabric
1/4" seam
allowance

NAP

cutting line

STRETCH

FOOT (G)

Cut 4 from
blue fabric
1/4" seam
allowance

NAP

cutting line

STRETCH

INNER LEG (C)

Cut 2 from blue fabric
1/4" seam allowance

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BODY BACK (E)

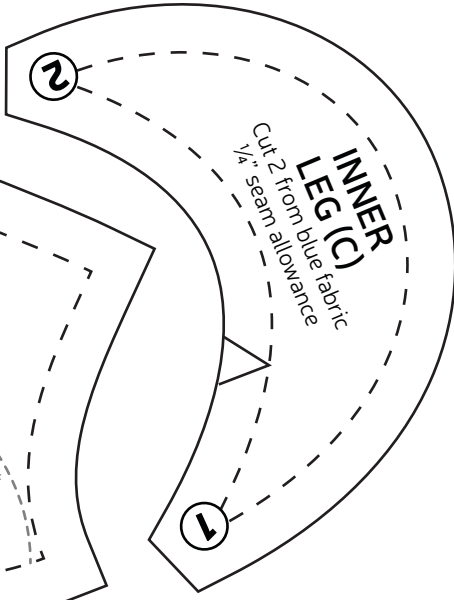
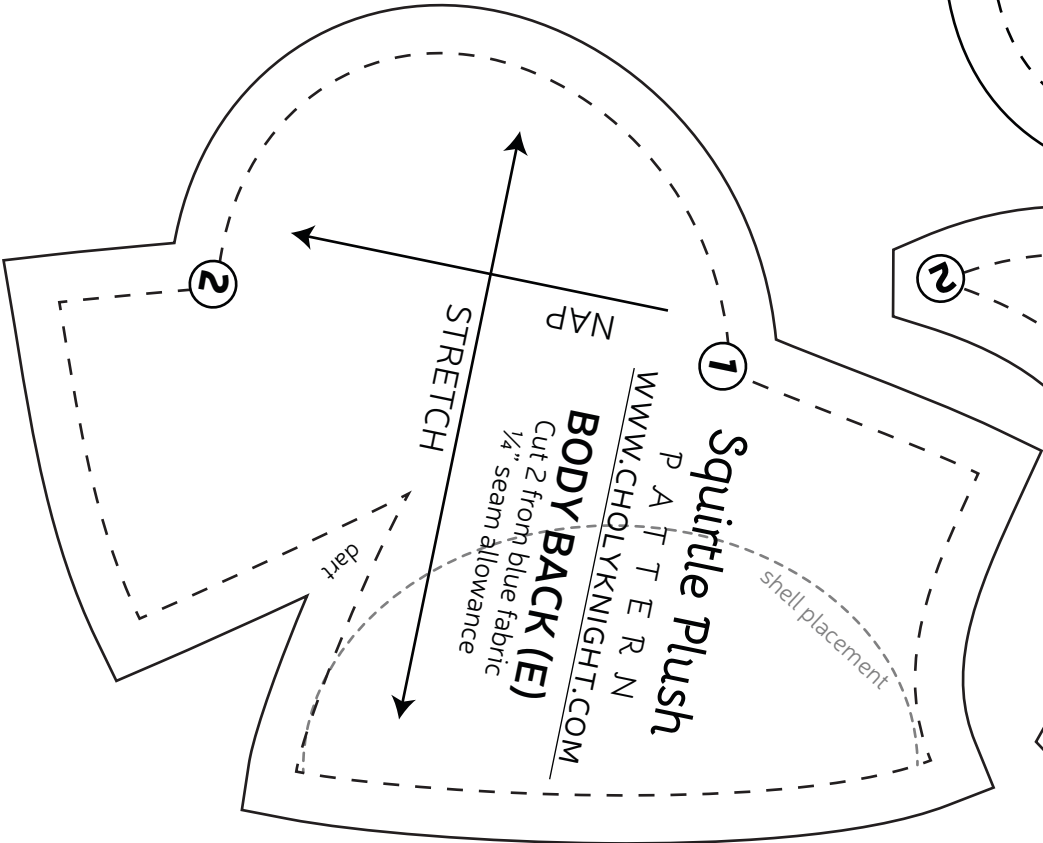
Cut 2 from blue fabric
1/4" seam allowance

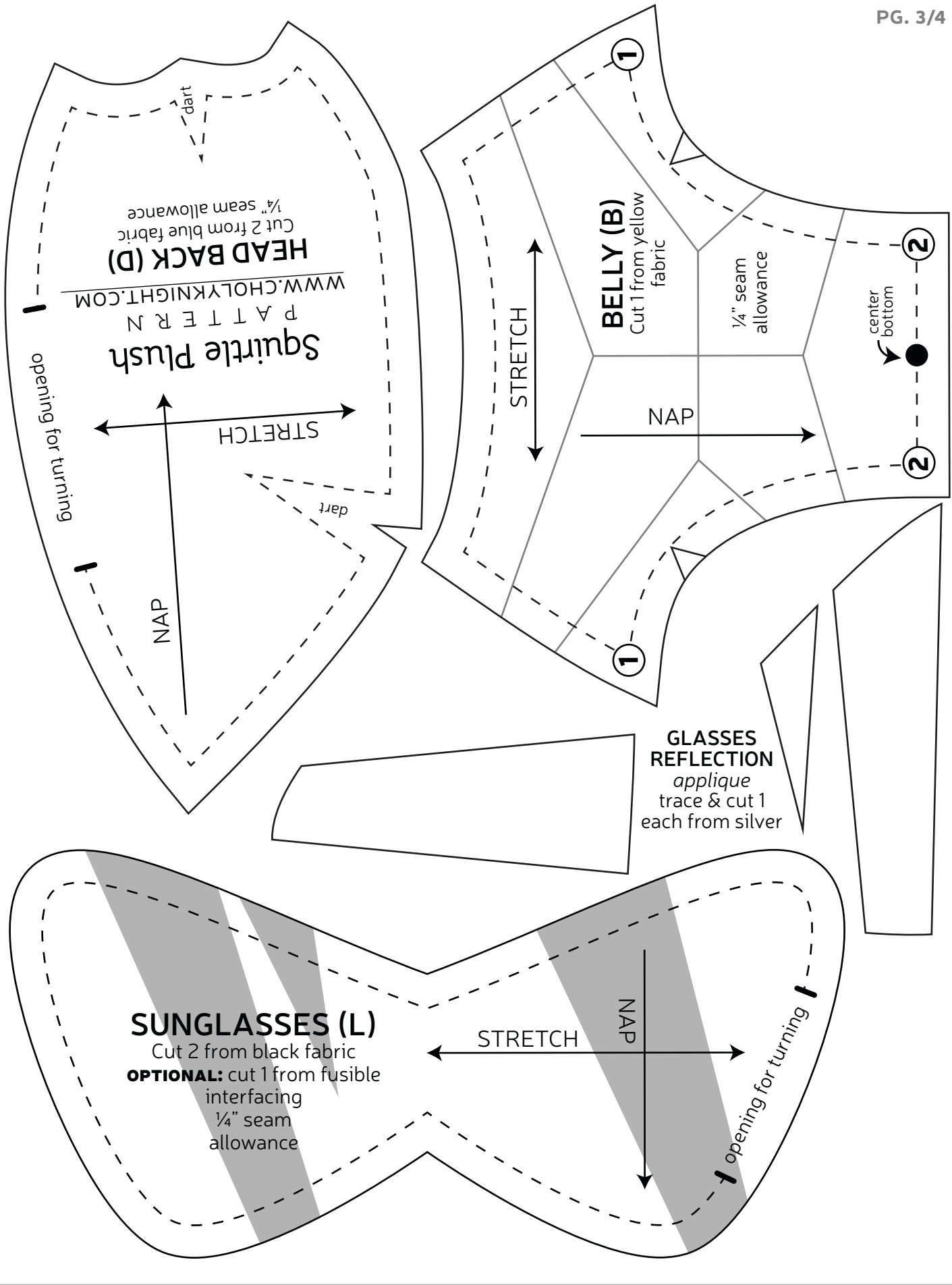
NAP

STRETCH

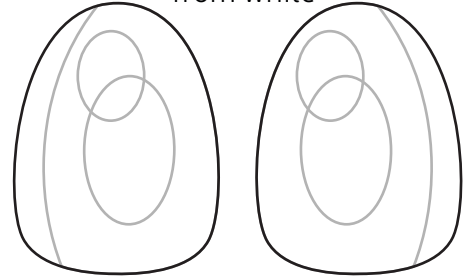
dart

shell placement

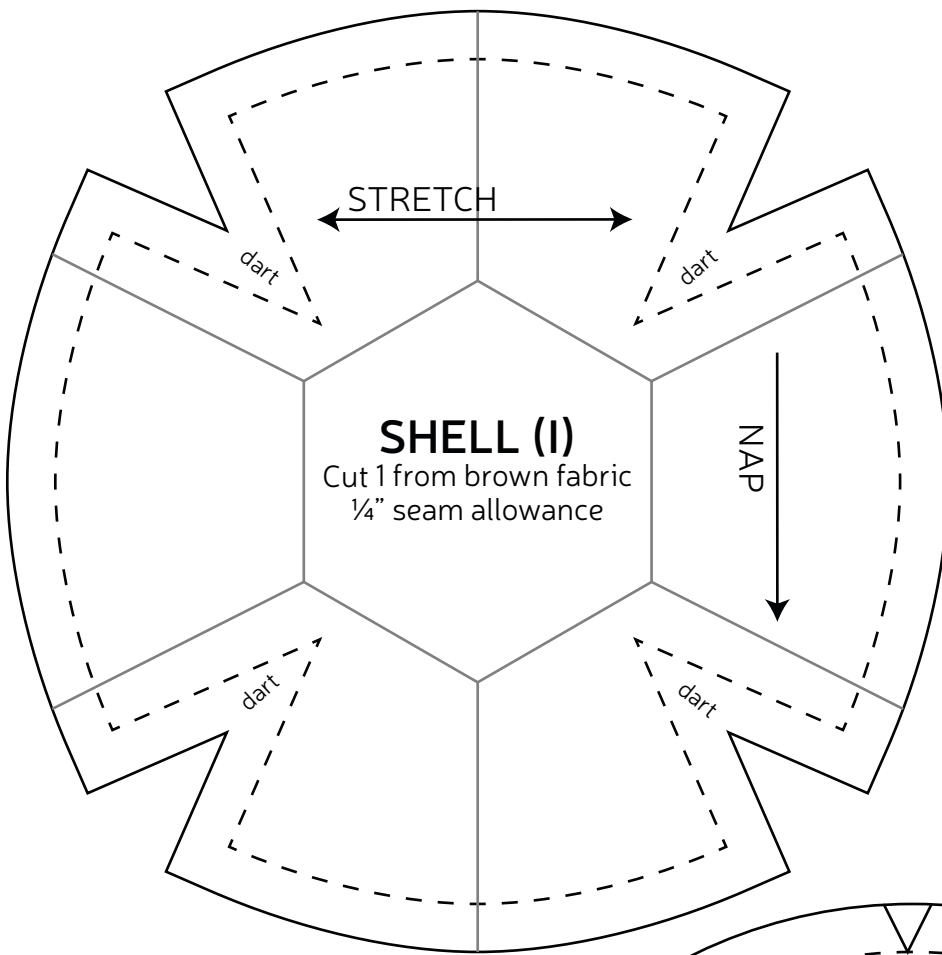
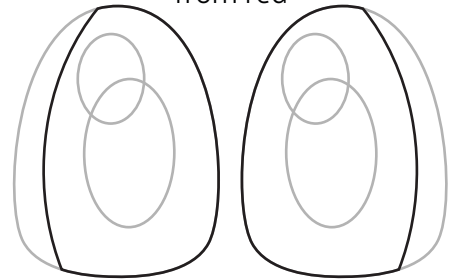




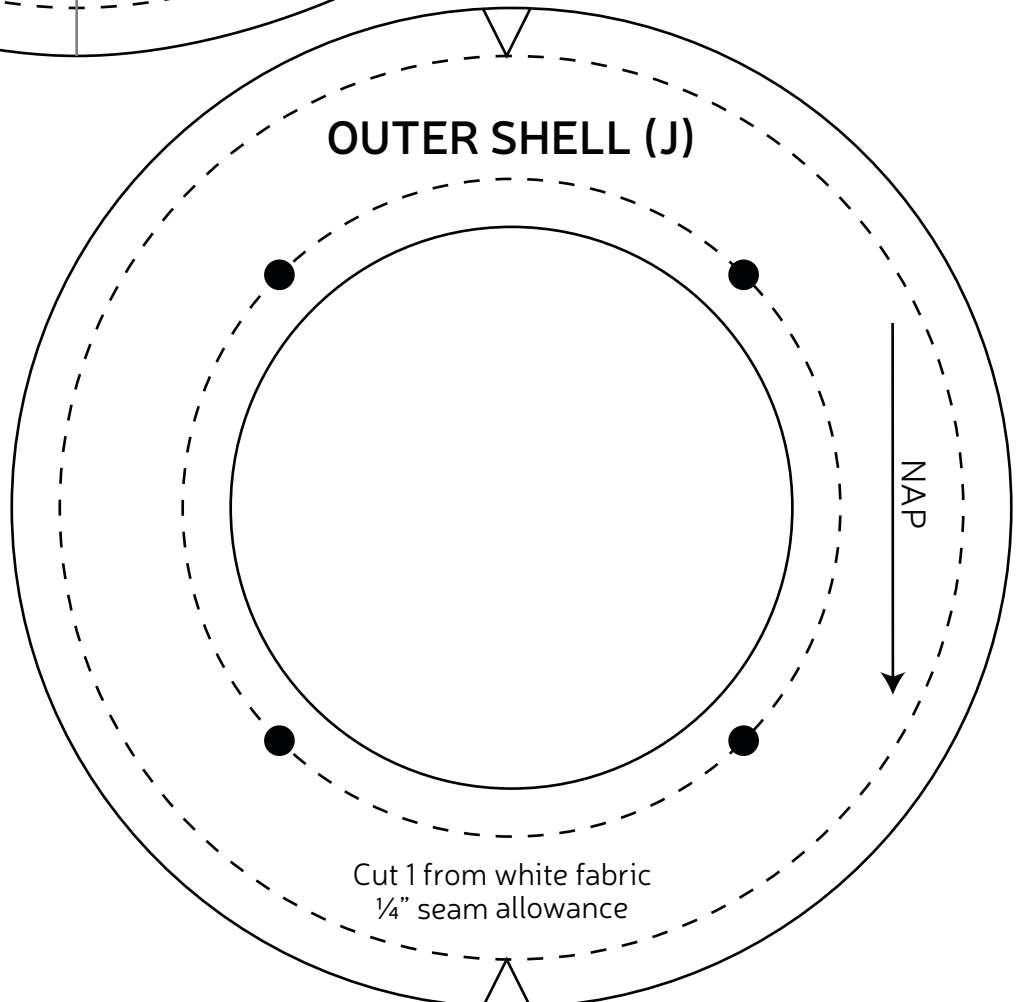
appliance
trace & cut 1 each
from white



IRIS
appliance
trace & cut 1 each
from red



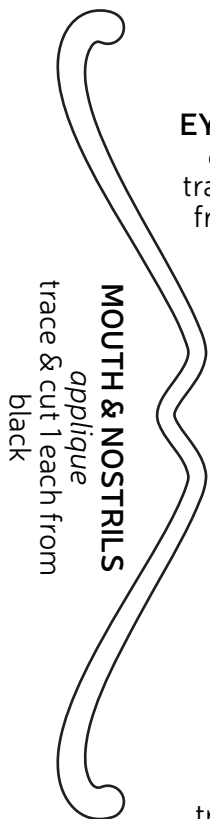
OUTER SHELL (J)



EYE SHINES
appliance
trace & cut 2
from white



MOUTH & NOSTRILS
appliance
trace & cut 1 each from
black



PUPILS
appliance
trace & cut 2
from black

